Health Information Resources

Searching for Patient Information

Knowledge, Library & Information Service

health 6-15

healthy as a family

The updated guide on healthy free childcare

need information about a medical condition?

Advice & support

Find local services

NHS 111

What should I call NHS 111?

For non-urgent medical or social emergencies, call NHS 111 for advice and help.

How does NHS 111 work?

Doncaster and Bassetlaw Teaching Hospitals
NHS Foundation Trust

Health Information Workbook
Doncaster Libraries 2018
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Health & Wellbeing/Patient Information on the DBTH Knowledge & Information portal
www.netvibes.com/dbhlibrary

Use this site as your starting point to find Health Information resources to answer queries from the public
Browse the British Dietetic Association Food Fact Sheets to discover a wealth of information about diet to help manage your condition, general health and your wellbeing.

http://www.bda.uk.com/foodfacts/home

Care Quality Commission (CQC)

http://www.cqc.org.uk/

The CQC is the independent regulator of health and adult social care in England. They make sure health and social care services provide people with safe, effective, compassionate, high-quality care and encourage care services to improve.
Contact a Family
http://www.cafamily.org.uk/

Contact a Family is a national charity for families with disabled children. They provide information, advice and support, bringing families together so they can support each other. They campaign to improve their circumstances, and for their right to be included and equal in society.

DBTH Patient Information Leaflets
https://www.dbth.nhs.uk/patients-visitors/patient-information-leaflets/

These leaflets are made available primarily for patients of Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust
Doncaster Dementia Roadmap
https://dementiaroadmap.info/doncaster/

The Doncaster Dementia Roadmap provides high quality information about the dementia journey alongside local information about services, support groups and care pathways.

Easyhealth
http://www.easyhealth.org.uk/categories/health-leaflets

Easyhealth was made so that people know where to find ‘accessible’ health information. ‘Accessible’ information is information that uses easy words with pictures. There are over 500 leaflets on Easyhealth, made by many different organisations. You can print off most of the leaflets straight away.
Get Well Soon – Royal College of Surgeons
http://www.rcseng.ac.uk/patients/recovering-from-surgery

Patient information from the Royal College of Surgeons covering various types of surgery

Great Ormond Street Hospital
http://www.gosh.nhs.uk/medical-information-0

Information sheets from Great Ormond Street Hospital on conditions and treatments they are involved in – mainly covers children.
MedlinePlus (American)
https://medlineplus.gov/

MedlinePlus has extensive information from the National Institutes of Health and other trusted sources on over 1000 diseases and conditions. There are directories, a medical encyclopedia, health information in Spanish, extensive information on prescription and non-prescription drugs, and links to thousands of clinical trials.

NetDoctor
http://www.netdoctor.co.uk/

NetDoctor.co.uk – One of the UK’s leading independent health websites
The NHS website
http://www.nhs.uk/pages/home.aspx

“The NHS website is the online ‘front door’ to the NHS. It is the country's biggest health website and gives all the information you need to make choices about your health. The site provides an award-winning, comprehensive health information service with thousands of articles, videos and tools, helping you to make the best choices about your health and lifestyle, but also about making the most of NHS and social care services in England.” (The NHS website, 2018)
The NHS website – Live Well
https://www.nhs.uk/live-well/

Information on many aspects of healthy living.

The NHS Website – NHS 111, Emergency & Urgent Care Services
http://www.nhs.uk/NHSEngland/AboutNHSservices/Emergencyandurgentcareservices/Pages/NHS-111.aspx

Advice on dialling 999, visiting A&E, finding walk in centres, NHS Pharmacy services explained and GP Services
**My NHS: Data for better services**  
https://www.nhs.uk/service-search/Performance/Search

See how services, specialities and consultants near you are performing. Scroll down the page so that you can make your selection and check on their performance.

**NHS Fit for Travel**  
https://www.fitfortravel.nhs.uk/home

Country specific information on health risks, vaccine requirements and malaria risk are listed to enable the public to determine if they need to take additional measures to maintain health during travel.
NICE Guidance for Patients and the Public
https://www.nice.org.uk/Guidance

Detailed information on all guidance issued by NICE, covering public health, prescribing, technologies, diagnostics & interventions.

To view guidance written for patients and the public select All NICE Guidelines. Search by keyword(s) or browse through the list. Click on the name of the guidance you wish to see.

Click on the Information for the public link. Information for the public is then displayed.
The aim of this website is to provide non-medical people in the UK with high quality information about health and disease. The authors do this by writing evidence based information leaflets on a wide range of medical and health topics. There’s also a more technical section written for health professionals which may be useful for expert patients – look for search results labelled ‘Professional’.

To change the leaflet into another language click Actions, then ‘Translate’ and select the language of your choice. (A large proportion of pages have the option to translate.)
Questions to get you exploring

There will - in most cases - be information relating to your enquiry on more than one site, but these questions give you ideas to explore & examples of places to find information.

1 How do I recognize the symptoms of meningitis?
The NHS Website:-
From the home page, search for – Meningitis – scroll down the page to the Symptoms section for more in depth details. Find it here

2 What injections do I need when I travel to Egypt?
The NHS Fit For Travel Website:-
Click on - Destinations – Scroll down the page until you reach Egypt. Click on the link & scroll down to – Immunisations - & look for “Courses or boosters usually advised”. Find it here

3 How do I find a Dentist that is currently accepting NHS patients?
The NHS Website:-
From the home page, click on - Services near you – Type in dentists- or choose dentists from the A-Z list. Type in your postcode and you will see a list of practices with details of what categories of patients they may be accepting at the moment. Find it here

4 I need a patient information leaflet on Cataract Surgery for my elderly mother
There are various places to find patient information leaflets and it is always worth looking at the hospital sites for their own e.g. Doncaster & Bassetlaw Teaching Hospitals: Just scroll down the A-Z list of leaflets to – Cataracts. Find it here

Alternatively, The NHS Website:-
Health A-Z – Cataract Surgery – you can either print or e-mail results to yourself. Find it here

5 I need a leaflet to explain what a breast screening appointment is in Urdu.
Patient:-
Search for - Breast Screening – Open the page, click on ‘Actions’ on the right, pick – Translate - select Urdu. You now have a leaflet translated into your chosen language. Find it here (be aware that the translation is via computer software, so there may be inaccuracies)

*You will find most of the health information pages have the option to translate, even Medicines A-Z.

6 Are there any videos explaining what I need to know about Type 2 Diabetes
Patient:-
Type in Diabetes Type 2 for a list of articles. Click on Type 2 Diabetes (Conditions) & scroll down to the video “What is type 2 diabetes?” & click to play. Find it here
7. Is there any information on the medicine ‘Lisinopril’?

Patient:
From the home page, search for - *Lisinopril* - click on “Lisinopril - an ACE inhibitor (Zestril)” (Medicines). Find it here.

8. I want to know which local care homes care for a relative with Dementia

CQC - In ‘search the whole website’ choose ‘Care Homes’ from the dropdown, then choose the location. Hit SEARCH.
From the filters on the left hand side select - Dementia/Alzheimer’s, you can now scan the information. Find it here.

9. Is there a site signposting Dementia support in Doncaster?

You can look at Services near you on the NHS site, but another useful resource is the Doncaster Dementia Roadmap – Find it here.

10. I am having a knee replacement, and I want to know how long it will be before I can start driving again

Royal College of Surgeons Get Well Soon - On the home page, click on - Recovering from Surgery - & choose the link to “Knee surgery – Total Knee Replacement”. Scroll down & on the right, choose - Driving – Find it here.

11. My son has just been diagnosed with Dyskeratosis Congenita, can I talk to someone who’s in a similar situation?

Contact A Family - Search for the condition. Open the information page & scroll down to open the section labelled - Is there support? – Find it here.

12. I’ve just been diagnosed with type 2 diabetes – is there an organisation I can contact for recipe ideas that are safe for me & advise me about how to exercise?

The NHS Website – Search for diabetes & open the article. Click on the link to ‘Finding help & support’. Various organisations should appear – Find it here.

CAFF – A search for diabetes provides links to Diabetes UK – Find it here.

Patient – Search for diabetes, open the diabetes ‘category’ & scroll down to the bottom of the page – there should be articles on snack choices, food shopping tips & a recipe - Find it here.

13. Do you know where I can find an easy to read leaflet on breast screening to share with my daughter who has learning disability?

EasyHealth – Use the A-Z list of contents, click on ‘Health leaflets’ or Search for ‘breast’ to see what’s available – Find it here.

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HELP!
For any information requests that cannot be dealt with by Doncaster Libraries or your Community Library in Doncaster please contact: The Leisure Library at Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust on 01302 642890 or email dristaff@doncaster.gov.uk

Other Websites
This is not an exhaustive list, but they were sources of good quality, accessible information when they were last assessed. The quality of these sites may change over time, and you may discover other sites which also look reliable – Should you use them?

DISCERN – a UK based organisation - have developed an online checklist to evaluate health information websites – click here

MedlinePlus have produced an online tutorial to help you judge the quality of health websites – click here

Disclaimer:
The information in this booklet is a sample of recognised quality sites freely available to the public in general & is not to be used as an endorsement of what treatment, etc. is available and/or recommended. Members of the public should always seek medical advice from an appropriate qualified practitioner.

Changes
Be aware that websites are constantly being developed and so hyperlinks may cease to function if & when the structure of a website changes.
All of the above sites & links were correct at the time of publishing - September 2018