



**A MILLION  
DECISIONS**

Every day more than a million decisions are made across the NHS and healthcare sector. Under the Health and Social Care Act 2012, there is a responsibility for health services to ensure use of evidence obtained from research.

**#amilliondecisions** is a new campaign from CILIP and Health Education England calling for decisions in the healthcare sector to be fully evidence based, highlighting improvements in quality of care, patient experience and cost effectiveness when healthcare providers and their teams work closely with health librarians and knowledge specialists.

### **Reduction in cost of treating long-term conditions within acute and primary healthcare**

*"We needed to present in-depth evidence around options that will reduce costs in both the acute sector and primary care, and to evaluate a range of innovative service models in psychological therapy for long-term conditions.*

*Having access to a dedicated library and knowledge service negated the need for us to spend time on this and ensures we can confidently and competently ensure that those with a long-term condition can benefit from a psychological intervention".*

Damian Brennan, Head of Public Health and Wellbeing Services, Sussex Community NHS Foundation Trust

**Specialist librarians bring the evidence to inform good healthcare decision-making. Find out more and pledge your support.**